

**To the Chairperson and Members of
The Central Area Committee**

March 2024

**Area Housing Report
Cabra/Glasnevin/NWIC**

Allocations:

- 13 Allocations to date 2024

Capstan Building

- Two CCTV cameras installed at the front and back exits – Management Company reports a significant decrease in anti-social behaviour.

Montpelier

- Water supply to be connected to underground carpark to facilitate caretakers, agreed with housing maintenance that when these works are complete that a caretaker service will be implemented.
- Contractor engaged to clean common areas in the interim to include stairwell's, lifts and hallways, works to be completed in the next two weeks,
- Car Park Gates – contractor engaged, awaiting parts.
- Bollards to be erected outside of car park entrance – awaiting quotes.
- Inspection to be carried out and plan implemented to find a solution to outdoor spaces with stone chippings / planting to include courtyard.
- Treatment of Knotweed on-going facilitated by the housing team.

Senior Citizen Complexes

A full review of the CCTV coverage across the Senior Citizen Complexes has been completed: All of the CCTV coverage now feeds back to the Housing Office and is available to An Garda Síochána upon request.

New Camera's installed and FOB access to gates implemented in Dominic Court.

Lighting - the complex has been listed for lighting upgrading works. This upgrading will exchange the current street lighting to LED lighting.

Costings received to upgrade existing cameras across the following complexes

- Rowan Hamilton Court
- Convent View
- Dunard Court
- St Bricin's Court
- McKee Court
- St Peter's Court
- Eccles Court

- Clareville Court
- Aghrim Court
- Botanic Court

These works will be implemented on a phased basis throughout the year.

St Peter's Court

- New boundary wall being built – ongoing
- Complete complex being baited for rodents and drains cleaned and inspected 09/02/24
- Complete complex power washed 16/02/2024
- Community Room – to be cleaned, upgraded and brought back in to use – on-going – works commenced.

A request for some benches to be installed will be considered following the cleaning and upgrading works.

McKee Court

- Deep clean completed. All shrubbery and green spaces cleaned and cutback
- Bait boxes laid

Dunmanus Court

- Deep clean completed. All shrubbery and green spaces cleaned and cutback

Bricin's Park

- Deep clean completed. All shrubbery and green spaces cleaned and cutback
- Quotes sought to upgrade existing flower beds and shrubbery.

Botanic Avenue Flats

- External works to garden area rear of senior citizens
- 48m of new footpaths
- Shutter of areas
- Re-pointing of two paving areas

Quotes received and approved, works commenced.

Canon Burke

This complex is on the Housing Maintenance list for the “Enhanced Works Programme” – proposed start date April 2024. Housing staff are engaging with all residents in advance of works commencing. A written request was submitted to Housing Allocations to relocate all remaining seven residents to alternative accommodation on a permanent basis to facilitate the programme of works – on-going. Offers of alternative accommodation have commenced.

Infirmary Road

The Infirmary Road development will consist of 38 units in total located in two blocks, with a mix of 1, 2 and 3 bed apartments and duplexes in both blocks. The development has received Part 8 approval to include the demolition of two buildings on site, which excludes the Married Quarters as there is a preservation order in place for this building. Enabling works were completed in Q3 2023.

Lisa Flanagan, Dublin City Council Project Manager held a consultation with Forum members to discuss the plan for the redevelopment of the Cruciform Building on Infirmaroy Road. This meeting took place on Thursday 22nd February 2024 @ 7.00pm in the Cabra Area Office. This building will be redeveloped to provide a community space for locals. The project will have an estimated 18 month construction programme and consultation will be taking place with local residents over the coming months.

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Community and Social Development Report for the Cabra Glasnevin Area

Community Development:

International Women's Day 8th March St. Finbarrs GAA Club 7.30pm

DCC will support the D7 Women's Shed to hold a celebration of International Women's Day with entertainment, food, spot prizes and a raffle. While this event has an admission fee, DCC have ensured that reduced cost and free tickets will be available for members of the community that may find it a barrier to attending.

International Women's Day Cabra Parkside 8th March 10.00am – 1.00pm

A community targeted wellness workshop will take place for women in the community in celebration of IWD. The workshop will include health and wellbeing and developing a toolkit for resilience. Rest, Reset and Reconnect will focus participants on the importance of minding your mental health and wellbeing. Booking through DCC area office and is FOC. The event is supported by Cabra CFSN and Cabra Parkside centre and staff.

Valentines over 55s Afternoon Tea Dance

14th February 2024 2.30pm - 4.30pm @ Cabra Parkside Sports Centre

This inaugural event was very well attended with in excess of 180 over 55's taking part. We were greatly supported by Cabra Parkside Centre Staff and the Area Office Staff who went above and beyond in preparation and on the day. We also collaborated with Volunteer Ireland who supplied 8 experienced volunteers to assist us. Residents from our sheltered housing in Cabra and Glasnevin were transported to and from the event by volunteers by the Gardaí, DCC Sports Development and the Irish United Nations Veterans Association Arbour Hill. The local line dancing club provided a taster session and Prizes for the Raffle were kindly donated by local businesses. The children from Gaelscoil Bharra made Valentine Cards for all the attendees also. We would also like to acknowledge the support from the Cabra Order of Malta who provided first aid. The feedback from this event has been hugely positive with many enquires as to when another would be held.

Rest, Reset and Reconnect Workshop @ Christ the King Day Centre 23rd February 10.00 – 1.00p

A tailored workshop was held for users of the day centre and the local community to provide a space for mental health and wellbeing discussion. Including meditation, resilience training and community connection. The workshop was over-subscribed with a waiting list and proved to be extremely popular. The event was primarily aimed at the over 55s and feedback was hugely positive. Supported by the D7 Women's shed.

Ongoing Projects:

Collaborative projects with Sláintecare Healthy Communities Programme (SHCP)

Sláintecare Healthy Communities Programme aim is to improve the long-term health and wellbeing of people living in the most disadvantaged communities in Ireland. The SHCP identifies specific local programme areas where high risk factors to the health and wellbeing of the local population are particularly prevalent due to deprivation, with a view to implementing targeted initiatives to mitigate risk factors and tackle the challenge of improving health and wellbeing locally. See Fig 1.

Period Poverty and Menstrual Equity Pilot Project 1st March 2024

In collaboration with the Sláintecare Healthy Communities Programme officer, we have started a pilot project to supply sanitary products for girls in two local schools in Cabra free of charge. With the support of the principal of Community College Cabra and the Priomhoide of Coláiste Mhuire Cabra we hope to gain important feedback as to the necessity of such a scheme on a more permanent basis.

Cabra Transect Walk 22nd February 2024

In collaboration with the Royal College of Surgeons Ireland and the SHCP officer a community health needs transect walk took place on the 22nd of February 2024 in Cabra West. The aim of the transect walk was to identify and explain the cause and effect of amenities, or lack of them in an area, to health and wellbeing status. The Transect walk is a part of a city wide initiative and research from the project will possibly inform decision making, constructive change and positive wellbeing interventions for the programme area. A community Consultation for the programme area will take place next month with community stakeholders and residents, to look at the initial findings from the Transect Walk and garner local knowledge for that research.

Community Kitchens Project March 2024

DCC Community Development Cabra, Sláintecare Health Communities Programme Officer and the Dublin Northwest Partnership Nutrition Worker will seek to initiate a pilot programme to improve the nutrition and wellbeing of older people in DCC Senior Complexes. It is envisaged that we would use the community spaces for health and wellbeing through nutrition. We would also hope to pilot a successful model used by the DNP for older people and food nutrition. The experience from that project would inform the basis of our pilot. As with all community initiatives in our senior complexes the emphasis would be engagement and participation of the residents in addition to positive wellness outcomes and positive social interaction.

Navan Road Community Council February 20th 2024

DCC Community Development attended the Navan Road CC and reported on community initiatives and development locally. In addition to answering questions from attendees handouts were provided with useful information and contacts.

Community Rooms in Senior Citizens DCC Complexes Audit:

The review of community rooms has been completed and final costings for works are awaited.

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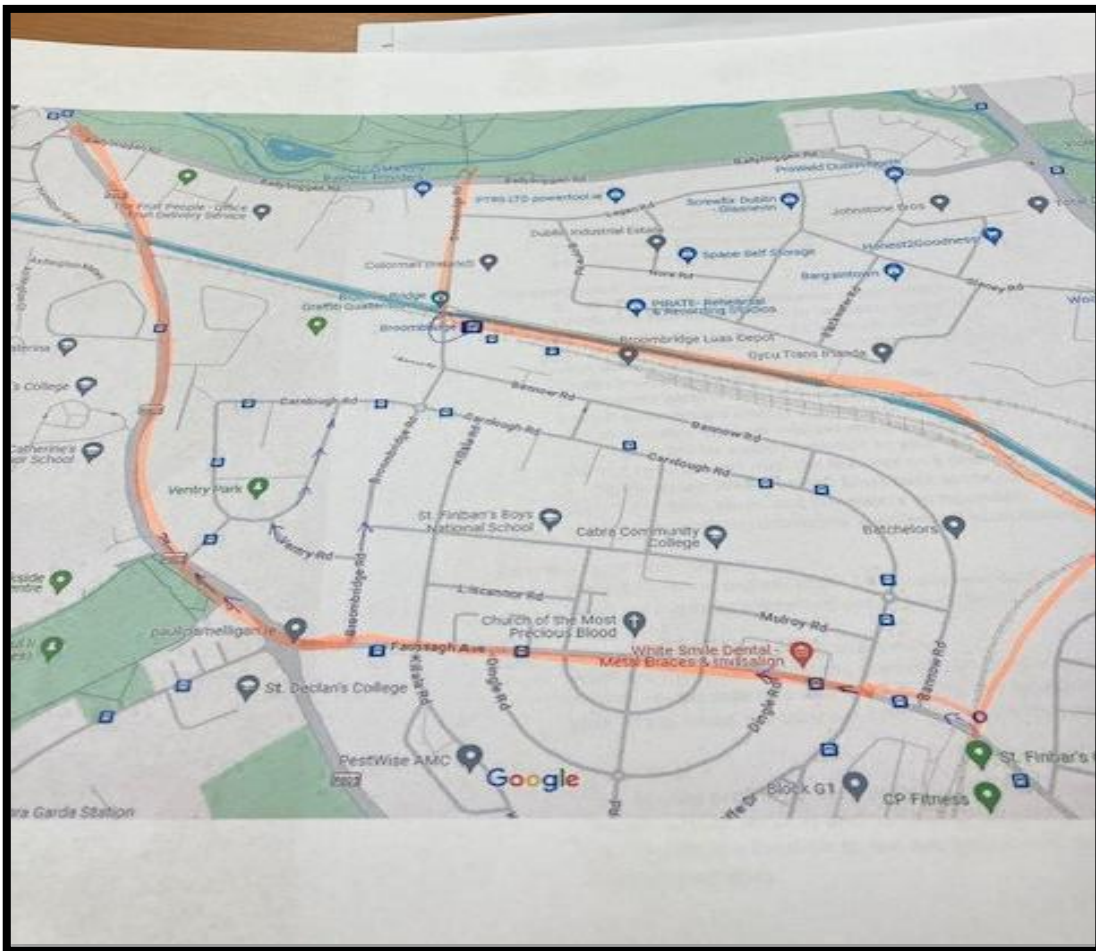


Fig 1: Programme Area for SCHCP